

BACKCOUNTRY ECOLOGICAL EXPEDITION SAMPLE SCHEDULE

MONDAY

2–4pm	Check-in and move into lodge
4:30pm	Welcome and orientation
5:30pm	Supper
6:30pm	Backpack equipment check and preparation <ul style="list-style-type: none">○ Tents, packs, clothing, group equipment, food○ Leave No Trace principles○ Team-building
9:30pm	Snack
10pm	Bedtime

TUESDAY

8am	Breakfast
9am	Final preparations
10am	Depart for trailhead

TYPICAL DAY IN THE BACKCOUNTRY

6:30am	Bird-banding in the backcountry
8am	Breakfast
9am	Invertebrate study: Eagle Creek
12pm	Lunch in camp
1pm	Take a nap!
2pm	Bio-bltz: biological inventory of local area
5pm	Personal time
6pm	Supper
7pm	Clean-up and hang bear bags
8pm	Campfire: group time
10pm	Bedtime

FRIDAY

2pm	Return to Tremont and unpack <ul style="list-style-type: none">○ Set-up tents to air out○ Clean and store all gear○ Sanitize science equipment
3–5pm	Swimming in the Middle Prong
5:30pm	Supper: cook-out
8pm	Campfire
10pm	Bedtime

SATURDAY

8am	Breakfast
9am	Pack and clean-up lodge
10:30am	Pick-up and goodbyes