

WHAT TO BRING to SMOKIES SCIENCE INVESTIGATIONS

- Campers will be outside most of the time and should bring rugged clothes that can get dirty.
 - Please label items with child's name.
- 2 pairs long pants
 - 3 pairs shorts
 - 2-4 pairs thin liner socks
 - 2-4 pairs wool or thicker socks
 - 1 pair underwear for each day
 - T-shirts for each day
 - 2 long-sleeved shirts
 - 1 wool sweater or fleece pullover
 - WATERPROOF RAIN GEAR IS A MUST!!** We recommend a jacket and pants instead of a poncho - not thin "garbage bag" type plastic
 - brimmed hat (for sun protection)
 - sunglasses and sun protection lotion
 - 1 pair tennis shoes for around camp and in dorm
 - 1 comfortable pair hiking boots - broken in!
 - bandana
 - sleeping bag and pillow
 - day pack (Everyone will be carrying his/her own lunches on all day excursions. A pack can also be helpful for carrying raingear, paper/pencils, research equipment, extra socks, etc.)
 - swim suit and towel
 - 1 pair old tennis shoes for wading in streams. (NOT open-toed sandals or flip flops. Campers will not be able to swim in streams without shoes.)
 - pajamas or sleepwear for nights
 - 2 water bottles with secure lids
 - toothbrush and toothpaste
 - towel and washcloth
 - soap
 - small flashlight (extra batteries) - head lamps are great
 - pencil or pen, and notebook
 - comb or brush

OPTIONAL ITEMS:

Camera, binoculars, playing cards, compass, reading material, swim goggles, magnifying glass

WHAT NOT TO BRING:

- snacks, food, candy, gum (these attract insects and rodents to the tents!)
- cell phones, iPods, hair dryers, curling irons or any other electrical equipment
- Crocs, Tevas, Chacos, etc. (Footwear such as these have been known to cause ankle injuries and open wounds. River shoes only may be worn during water activities.)
- knives of any kind
- provocative clothing not appropriate for camp that will reflect poorly on you as well as Tremont in the eyes of park visitors (e.g. super short shorts, revealing shirts).

PLEASE NOTE: Cell phones are NOT permitted at camp. If you normally depend on one for its camera capabilities, we suggest that you instead bring a digital or disposable camera.

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