

Dear Friends,

Welcome to the Wilderness Emergency Medical Responder Refresher weekend. We are looking forward to spending a busy and educational weekend with you.

Arrival: Plan to arrive at Tremont on Friday between 11:00 am and noon. This will give you an opportunity to get checked-in and to move into the dorm before lunch. Lunch will be served at **12:00**. The program will begin in our activity center after lunch.

Departure: The program will end on Sunday around 4:30 pm.

Weather: Over the past five years, the average daily high temperature at Tremont in January was 54° F and the average daily low was 28° F here in Walker Valley. *Come prepared for extended outdoor activity.* Bring comfortable hiking boots, lots of warm layers, clothes that can get dirty, extra socks, warm headgear, gloves, and glasses or goggles for eye protection. Rain gear is always necessary here in the Smoky Mountains, so bring it along.

Health/Waiver Form: Please fill out the Health/Waiver Form and bring it with you to turn in upon check-in. If you have special needs, dietary (go to <http://www.gsmit.org/Food.html> for more specifics), medical, or otherwise, please send in your form at least two weeks before the program starts. This form must be filled out and turned in to us for you to participate in the program. Please note that food is not allowed in the dorm.

Be sure to download ALL the links for this workshop. Please pay particular attention to the list of items to bring with you. Here are a few reminders:

- Bring your own bedding and bath towels for the dorm.
- There are no required textbooks but feel free to bring books for reference.
- Bring writing materials (notebook, pens, pencils, paper, etc.).

If you have further questions, please feel free to contact us.

Questions about the course content can be directed to Kirk Harris: (865) 539-6904 or harrisk@roanestate.edu.

Sincerely,

A handwritten signature in black ink that reads "Jeremy Lloyd".

Jeremy Lloyd
Manager of Field Programs and Collegiate Studies

GREAT SMOKY MOUNTAINS INSTITUTE AT TREMONT
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Wilderness Emergency Medical Responder Refresher

Roane State Community College
Great Smoky Mountain Institute @ Tremont
Jan. 26 – Jan. 28, 2018

Friday - 1p-8p

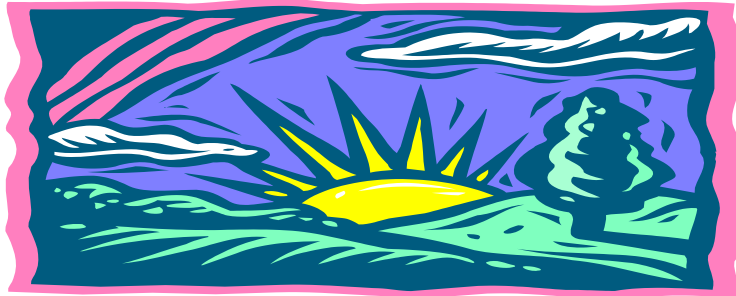
Registration & Introductions
Personal Safety, Blood Borne Pathogens, Body Substance Isolation
Recertification for Basic Life Support (AHA Health Care Provider)
Review of the Patient Assessment System

Saturday – 8a- 8p

Why do people die?
Airway Review
Soft tissue & Splinting
Immobilization Practices
The Medical Patient in the Wilderness
Emergency Childbirth
Things One Should Know About Kids
Heat & Cold review
The Immune System, Allergic Reaction, Anaphylaxis
Scenarios

Sunday – 8a-3p

Improvisation
Scenarios
Wrap Up Unfinished Business



Roane State Community College
Continuing Healthcare Education
<http://www.roanestate.edu/che>

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