



CONTRACT

2020 Teen High Adventure

All teens wishing to participate in Wilderness Adventure Trek must agree to the following guidelines. Please read, think about, and make sure you understand the importance of each one before signing at the bottom. Your signature indicates that you commit to living by these guidelines as a participant in Tremont programs. If you have any questions, please call us at 865-448-6709.

Camper's Name (please print)

- I realize that the most important aspect of my stay at Tremont is respect: respect for myself, respect for others and respect for this environment and all of the things in it. All of the rest of these points (below) deal with respect.
- I will respect myself. While at Tremont I will handle myself in a safe manner and obey all safety guidelines. The use or possession of any tobacco, alcohol, illegal drugs or firearms will result in my immediate dismissal from camp.
- I will respect myself in taking this opportunity to learn about things, even if I think that I am not or will not be good at it. I will be willing to try some new things and also be open to doing some things that I may have done before, including taking care of myself and not expecting everything to be done for me. I will, in essence, be a "team player."
- I will respect myself and others by being open to new friendships. I will consider the feelings and opinions of other people around me. I will not treat anyone at Tremont in a disrespectful manner – even if I think they are wrong or different from me. Although I may make special friends, or come to camp with a friend, I will not behave in a manner which could make others feel excluded or offended.
- I understand that exclusive, one-on-one or small group, relationships, will not be tolerated at camp. Neither will inappropriate touching, including holding hands, be tolerated.
- I will respect the authority of the Tremont staff leading the group, whether female or male, young or old. I will respect his or her decisions and be sensitive to the difficulty of his or her job and enormous responsibility he or she has in leading a group into the wilderness.
- I will respect the natural habitats, wildlife and plant species by practicing Leave-No-Trace principles and low-impact camping techniques that will be taught at Tremont. I will obey all of the rules and regulations of Great Smoky Mountains National Park.
- I realize that if I cause severe discipline problems that a conference call will be made to my parents and I may be sent home.
- I also realize that although this contract may seem intimidating, the reason for these points is so that everyone – myself included – has the opportunity to have a safe and **fun** learning experience.

By signing my name below I am declaring that I have read and understand all of the above points and agree to live by them during my stay at Tremont.

Camper's Signature

Parent/Guardian's Signature

Date: _____

Date: _____