

NEED TO KNOW:

Teen High Adventure (THA), July 13-23, 2020

- Have your camper read, sign, and submit their camper contract several weeks before camp starts.
- Let us know if there are any changes to the medical information you filled out when you registered
- **ARRIVE** at Tremont **between 2:00 PM and 4:00 PM on Monday, July 13.**
- **PICK UP** your child promptly at **10:00 AM on Thursday, July 23.**

In case of an accident or illness parents will be notified if children require medical attention beyond what Tremont is able to provide. If we are unable to reach you in an emergency situation, the director will make a decision regarding appropriate action and continue to attempt to contact you or another responsible person as indicated on the medical form. Your teen's camping experience depends in part on his or her wellbeing. Please send only a healthy, illness-free teen to camp.

OTHER ADVENTURES

In addition to the 7-day backpack trip, we'll undertake other adventures yet to be determined, that may require additional waiver forms. Stay tuned!

CAMPER CONTRACT

Campers participating in our camps need to read and think about each of these guidelines. Read this over together, check and discuss each point, and then agree to these guidelines by signing the contract. Campers must understand, agree to, and abide by these guidelines. These expectations are important in order to create a positive and enjoyable experience for everyone involved with the program. Each teen will have responsibilities toward the group. They will be expected to carry their share of the group food and equipment, to be physically and mentally ready for the challenges of backpacking, to help with the cooking and cleaning duties, and to participate in all group activities.

ARRIVAL

We will do our best to be efficient as we meet each one of you, review your health form, collect any medications needed at camp and answer any questions you may have regarding your camper's stay. Please have these medications ready for check-in. You will then have the opportunity to help your camper move into the dormitory, tour the site and say your good-byes. Our sales area will be open on the first and last day of camp.

CAMPER T-SHIRTS

When you check in, you will be given a coupon to purchase a camper t-shirt in our gift store at a discounted price. The coupon is only good for that day.

MEDICATIONS

*We request that you please do **not** take your camper off any regularly prescribed medications during their week at summer camp.* The resulting behavior following a sudden change in medicine regime can be difficult for both your child and our staff. We realize that opinions may differ on this. However, camp can be a challenge as it is without further the further burden of disrupting a routine.

PHONE CALLS

Because telephone calls intrude and interrupt the magic of the camp experience, we are not able to field telephone calls between campers and parents. Rest assured, not hearing from your teen is a sign that they are having fun and are fully involved in the life of camp. The best way to stay in touch with your camper is by writing letters and postcards. **If there is an emergency**, you can contact us by calling our office Monday through Saturday from 8:00 AM to 4:30 PM and on Sunday from 9:00 AM- 5:00 PM. When our office is closed, you can leave a message on our answering machine and we will get it first thing the next business morning. If it is urgent to contact us immediately when our office is closed, call the National Park Service Dispatch at 865-436-1294.

MAIL

Every camper loves mail. Start writing those letters now! Rather than writing how much you miss your son or daughter (which is of course true but could make them homesick), consider instead telling him or her how proud you are of them for spending a week away from home! Send mail to:

(Camper's name)
Teen High Adventure
Tremont
9275 Tremont Rd
Townsend, TN 37882

SAFETY

We are proud to report that we have an outstanding safety record when it comes to kids and the outdoors. However, we do take the concerns of parents very seriously and have provided some insight into risk factors during summer camp. Please call or visit our web site if you're interested in learning more about precautions we take to ensure your teen has a safe experience.

LOST AND FOUND

When picking up your teen on the last day of camp, please make sure they return home with every item they brought with them. Following the end of camp we are able to keep items for only a brief period due to the large amount of lost and found items left behind. If you wish any items to be returned to you, you must notify us immediately following the end of camp and we'll send you instructions to arrange for a UPS pick up.

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