



Dear Friends,

Welcome to the Wilderness Emergency Medical Responder Refresher weekend. We are looking forward to spending a busy and educational weekend with you. Please read this letter in full, as it contains information about our procedures related to COVID-19.

**Arrival:**

Plan to arrive at Tremont on Friday between 11:00 am and noon. This will give you an opportunity to get checked-in and to move into the dorm before lunch. Lunch will be served at **12:00**. The program will begin in our activity center after lunch.

**Departure:** The program will end on Sunday around 3:00 pm.

**Logistics:**

Please read our latest [COVID-19 guidelines](#) and let us know if you have any questions or concerns. In order to slow the spread of COVID-19, please bring a mask and wear it when social distancing is impractical. Also please read the "[Your Visit to Tremont](#)" document for important packing information. Along with your linens and toiletries, you may want to bring a mattress pad to ease the firm mattress, plus a bedside light or headlamp if you are a late-night reader. If you'd like to bring a camp chair for the outdoor classroom, you may find that more comfortable than the provided benches.

**Weather:** The average daily high temperature at Tremont in January is 54°F and the average daily low is 28°F here in Walker Valley. ***Come prepared for extended outdoor activity.*** Bring comfortable hiking boots, lots of warm layers, clothes that can get dirty, extra socks, warm headgear, gloves, and glasses or goggles for eye protection. Rain gear is always necessary here in the Smoky Mountains, so bring it along.

Please note that food is not allowed in the dorm.

Be sure to read both links above for this workshop and explore the schedule on the next page. Please pay particular attention to the list of items to bring with you. Here are a few reminders:

- Bring your own bedding and bath towels for the dorm.
- There are no required textbooks but feel free to bring books for reference.
- Bring writing materials (notebook, pens, pencils, paper, etc.).

Questions about the course content can be directed to Kirk Harris: (865) 539-6904 or [harrisk@roanestate.edu](mailto:harrisk@roanestate.edu). If you have further questions about your time at Tremont, please feel free to contact me.

Sincerely,

A handwritten signature in black ink that reads "Jeremy Lloyd".

Jeremy Lloyd  
Manager of Field Programs and Collegiate Studies

## **Wilderness Emergency Medical Responder Refresher Tentative Schedule**

Roane State Community College  
Great Smoky Mountain Institute at Tremont  
January 28-30, 2022

### **Friday 11am-8pm**

Registration & Introductions  
Personal Safety, Blood Borne Pathogens, Body Substance Isolation  
Recertification for Basic Life Support (AHA Health Care Provider)  
Review of the Patient Assessment System

### **Saturday 8am-8pm**

Why Do People Die?  
Airway Review  
Soft Tissue & Splinting  
Immobilization Practices  
The Medical Patient in the Wilderness  
Emergency Childbirth  
Things One Should Know About Kids  
Heat & Cold Review  
The Immune System, Allergic Reaction, Anaphylaxis  
Scenarios

### **Sunday 8am-3pm**

Improvisation  
Scenarios  
Wrap Up Unfinished Business



Roane State Community College  
Continuing Healthcare Education  
<http://www.roanestate.edu/che>