

## Tremont Adult Programs CovidSAFE: General Guidelines

*We are excited to work with you to ensure all of the magic of a Tremont program occurs in a safe living and learning environment. We are no strangers to mitigating risk! With 50+ years of experience working in inherently risky environments, we plan our programs accordingly to keep injuries and accidents at a minimum. We are applying our experience to the current COVID-19 reality and will be using all of the best information available to minimize exposure and the possibility of transmitting disease. To make this work, we will need your understanding and cooperation.*

Here are some of the precautions we will take, and some expectations we will have of participants.

**Pre-program:** *Let's not bring the virus to the program!*

- No fever or any other COVID-19 symptoms recognized by the CDC
- No known contact with or exposure to a COVID-19 carrier for the previous 2 weeks
- We may, at our discretion, cancel programs if local conditions, regulations, or CDC guidelines change. In that case, full refunds will be issued to all participants

**During Program:** *Let's program as if the virus were among us!*

- Frequent hand washing is a must, especially before and after meals
- Masks are optional for staff and program participants. If you are at increased risk for severe illness, it is recommended you wear a mask
- Classes will be held outdoors as often as possible

**Housing:**

- In accordance with CDC guidelines, we will make full use of our dorm and tents as necessary to reduce the occupancy assigned to each living space. Participants housed in the dorm should expect to share a large bunkroom (designed for 30+ people)
- Extra sanitizing supplies will be made available for participants in their housing spaces upon request

**Post-program Reporting:**

- Please tell us ASAP should you show any symptoms of COVID-19 within two weeks following the end of the program