

Dear Friends,

Welcome to the **Wilderness Emergency Medical Responder** course at Great Smoky Mountains Institute at Tremont. We look forward to spending a busy and educational weekend with you. **Please read this letter in full, as it contains essential information for your visit to Tremont.**

Arrival and Departure:

Plan to arrive at Tremont on Sunday between 11:00 am and noon to have enough time to move into the dorm and meet other participants before lunch. The program will begin with lunch at noon and lecture at 1:00 pm in the Activity Center.

When you arrive, head to the Visitor's Center at the Main Office for name tags and check-in. You can then pull up to the pavilion to unload your belongings if you are staying on campus. Please move all vehicles to the blacktop at the bottom of the hill before lunch.

The program will end on Sunday around 3:30 pm.

Please review the syllabus below.

Parking Passes

Valid parking tags are required on any vehicles parking for longer than 15 minutes inside Great Smoky Mountains National Park as part of the Park it Forward program; this includes when parked at Tremont. **Please purchase your parking tag in advance, not when you arrive.** Click here to [purchase your daily or weekly pass online](#). All revenue will stay in the park to provide sustainable, year-round support focusing on improving the visitor experience, protecting resources, and maintaining trails, roads, historic structures, and facilities. [Learn more about Park it Forward](#).

Weather – Be Prepared:

The average daily high temperature at Tremont in January is 29°F and the average daily low is 28°F here in Walker Valley. ***Come prepared for extended outdoor activity.*** Bring comfortable hiking boots, lots of warm layers, clothes that can get dirty, extra socks, warm headgear, and gloves. Bring a raincoat! The Smokies are a very wet and humid climate and you can *expect precipitation in one form or another* at some point during your stay here.

Logistics:

Please read our [latest COVID-19 guidelines](#) prior to your trip and let us know if you have any questions or concerns.

Please read the "[Your Visit to Tremont](#)" document for important packing information. Along with your linens and toiletries, you may want to bring a mattress pad to ease the firm mattress, plus a

bedside light or headlamp if you are a late-night reader. Please be sure to bring writing materials, such as a notebook or paper, and pens or pencils.

Please add these program-specific items to add to your packing list:

- 2 sets of clothing that can be destroyed in scenario training
- safety glasses or goggles for scenario training
- 2 flashlight sources, one being a headlamp, for the nighttime scenario

We have included information about the textbooks in the letter from Kirk Harris, the instructor for the course, below. ***It is important to obtain the books and review them prior to the start of the course.*** If this is not possible, there will be a limited number of books available for purchase the first day of the course.

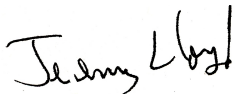
Upon completion of the course, you will be eligible for national registry and the Tennessee state testing.

Wifi is available in the Activity Center, but we invite and encourage you to unplug for the weekend. Learn more about our [food](#) and [facilities](#). Please note that food is not allowed in the dorm.

This is a valuable program that we have offered with great success over the past several years. We look forward to your visit.

Be sure to read the welcome letter from lead instructor Kirk Harris below, and if you have questions, please feel free to contact us.

Sincerely,



Jeremy Lloyd
Manager of Field Programs & Collegiate Studies
jeremy@gsmmit.org

To: Wilderness Emergency Medical Responder Participant
From: Kirk Harris, Lead Instructor

Thank you for participating in the upcoming Wilderness Emergency Medical Responder Course. The course will be both intensive and extensive in nature. It is designed to cover the required material in a week and meet both Tennessee State and National standards. Our approach to the course will emphasize interaction with each other and hands on.

All equipment will be provided for the course. Please bring comfortable and warm clothing for much of the practical time will be outside. We will be outside regardless of the weather during scenario training. Please be prepared. We are requesting each student to bring two (2) sets of clothing, pants and shirt, that can be totally destroyed in scenario training. In addition, we highly suggest bringing safety glasses or goggles for eye protection. Below you can find a syllabus of the course. Preparation for the course should include review of your CPR knowledge and start with the reading. The following books are required for the course:

Medicine for the Outdoors

7th Edition

by Paul Auerbach, M.D.

Cost: Approx. \$29

(ISBN: 978-0-323-32168-6)

Emergency Medical Responder: Your First Response in Emergency Care 7th Edition

American Academy of Orthopaedic Surgeons

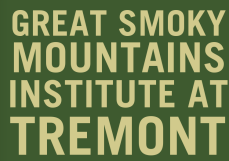
by David Schottke

Cost: Approx. \$113.00

(ISBN: #978-0323680561)

The books can be obtained by calling 1-865-882-4671. They will be shipped with no shipping charge.

If you have any questions, please feel free to contact me at 865-539-6904. Or my e-mail address is harrisk@roanestate.edu. Again, thank you, and I look forward to seeing you.



Wilderness Emergency Medical Responder Schedule

Sunday 1:00 PM – 8:00 PM

Faculty & Student Intros, the Paperwork Headache
Intro to EMS, Wildmed, & Their Integration
Legal, Ethical Issues of Pre-Hospital Care
First Responder Wellness
A&P Basics, How Do We Work?
The Big 3 Body Systems

Monday 6:00 AM – 8:00 PM

Basic Life Support
Sizing Up the Scene
Initial Patient Assessment
Focused Assessment & Patient History
On-Going Assessment
Handing Off the Patient, SOAP or CHART

Tuesday 6:00 AM – 8:00 PM

Airway Management, Skills Development
Trauma – Bone, Joint, & Soft Tissue Injuries
Burn Injury
Medical Emergencies
Scenarios & Drills
Written Evaluation #1, Take Home

Wednesday 6:00 AM – 8:00 PM

Incident Command, SAR, Disaster Management, Triage
The Immune System & Anaphylaxis
Scorpions, Snakes, Spiders (the Venom Bunch)
Animal Bites, Zoonoses
Common Wilderness Diseases: Lyme, Rabies, Tetanus
Scenarios & Drills
Written Evaluation #2, Take Home

Thursday 6:00 AM – 8:00 PM

GREAT SMOKY MOUNTAINS INSTITUTE AT TREMONT

9275 Tremont Road • Townsend, TN 37882 • Phone: 865-448-6709 • Fax: 865-448-9250 • gsmiit.org • mail@gsmiit.org

The Little People – Childbirth, Infants, Kids in the Wilderness
Heat Problems – Heat Cramps, Heat Exhaustion, Heat Stroke
Cold Problems – Frostnip, Frostbite, Hypothermia
Too Much of a Good Thing – Drowning, CWI
Lightning Injury & Avoidance
Scenarios & Drills
Written Evaluation #3, Take Home

Friday 6:00 AM – 10:00 PM

High Altitude Syndromes – AMS, HAPE, HACE
Surviving the Elements
Scenarios & Drills
Night Exercise, the Scenario from Hell

Saturday 6:00 AM – 8:00 PM

Student Improvisation Demonstration
Search & Rescue
Improvisation Scenarios & Drills
Final Scenario
Written Final Evaluation

Sunday 9:00 AM – 3:30 PM

Clean Up
Tom Kessler's Trekkers' Advice
Final Practical
National Registry Exam Review
Course Evaluation